

Choosing a Faith-Based Senior Care Community

As a senior, one of the most important decisions you may face is choosing the right retirement community. Location is key, as is the right mix of amenities, and care options are also important to note. But did you know that your faith could be part of that decision-making process, too? Along with the comfort of living in a welcoming, resource-filled community, faith-based, non-profit senior care communities also provide a variety of unique benefits not found in other senior care options.



A True Community.

Moving to a faith-based, non-profit community means enjoying a spiritually vibrant lifestyle in a supportive community with shared values. Faith is the fabric of the community – helping to foster the growth and support of each individual through stewardship, compassion, and friendship. Likewise, the connections within the community and relationships between residents and staff members are strengthened through faith and these shared values.

Moving with Confidence.

Moving to a senior care community is a big decision, and many seniors rely on their faith throughout the experience. When moving to faith-based communities like Carmelite System communities, seniors and their loved ones have confidence in their decision knowing their new home offers spiritual support, fellowship, and many opportunities to deepen that faith. The meaningful connections formed within our community help new residents by providing support spiritually, socially, and emotionally.

Mission-driven community and employees.

In a faith-based senior care organization like The Carmelite System, the beliefs and motivations inspiring each member of the community are mission-based, because the community itself is a mission of the larger religious body. This creates a culture of service, connection, and shared responsibility rarely found in for-profit, corporate-run communities.

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Faith-Based Senior Care

Founded in 1999, The Carmelite System supports the mission and philosophy of the Carmelite Sisters, proclaiming the value and dignity of the aged and infirm. Not only is our history rooted in sacred ground, but the service we provide – caring for these seniors when they are most in-need – is also sacred. Our staff continuously provides and improves upon collaborative ways to meet the needs of today's elderly and fosters the healing ministry of Christ in Catholic healthcare.



As a Carmelite System community, a strong faith is woven into the fabric of our services, team, and campus, as are the core values of the Carmelite Sisters for the Aged and Infirm:

- **Sanctity of Life:** Our belief is that all life is sacred and we advocate especially on behalf of the elderly.
- **Hospitality:** Our belief is that each community should provide a welcoming, person-centered environment and atmosphere of a "Home."
- **Shared Commitment:** Our belief is that quality of care is attained by a team spirit that has a shared sense of achievement, accountability, ideas, insights, and commitment.
- **Compassion:** In the words of our Foundress Venerable Mary Angeline Teresa, we strive to be "kinder than kindness itself."

At Carmelite System communities, all residents have the assurance of being honored, treated, respected, and cared for. With our history in senior care, you can count on us to provide personalized services and care customized to your or your loved one's individual needs. Likewise, with our foundation in the church, we celebrate faith-based senior care and welcome residents of all religious backgrounds. The Carmelite System does not discriminate pursuant to the federal Fair Housing Act.

About Teresian House

Teresian House in Albany, NY is committed to providing the highest quality continuum of services to enhance each resident's physical, spiritual and emotional well-being. Our services include rehabilitation, skilled nursing, memory care, and respite care, and our community offers beautiful and spacious private rooms, specialized programs, and around the clock care and dining areas. Teresian House's senior care experts are ready to answer your questions and connect you with the right services at the best time for you.

